

# MARIA

## Friday

SPEAKER • LEADER • CHANGE CATALYST

### EMPOWERING PEOPLE. ELEVATING PURPOSE. DRIVING IMPACT.

Maria Friday is a dynamic speaker, leader, and change catalyst who empowers individuals and organizations to lead with purpose, communicate with confidence, and create lasting impact. With a unique blend of real-life experience, corporate insight, and authentic storytelling, she inspires audiences to break barriers, shift mindsets, and take bold action.

*Maria's mission is simple but powerful: to help others step into their purpose, maximize their potential, and build a life and legacy they love.*

■ ENGAGING  
STORYTELLER

■ PRACTICAL  
STRATEGIST

■ IMPACTFUL  
INSPIRER

## SIGNATURE TOPICS

- ✓ Purpose Over Pressure How to stay aligned, motivated, and impactful in every season.
- ✓ Confident Communication Speak with clarity, lead with influence, and own your voice.
- ✓ Mindset Shifts for Success Break limiting beliefs and build the mindset needed for breakthrough.
- ✓ From Vision to Action Turn your goals into a clear plan and take consistent, inspired action.
- ✓ Leading with Impact Develop your leadership, inspire your team, and create a culture of growth.

## IDEAL AUDIENCES

- ✓ Corporate & Organizational Teams
- ✓ Women's Conferences & Empowerment Events
- ✓ Leadership & Professional Development Programs
- ✓ Entrepreneur & Small Business Groups
- ✓ Faith-Based Events & Community Organizations

## THE IMPACT

- Audiences leave Maria's presentations:
- ✓ Inspired to take bold, aligned action
  - ✓ Equipped with practical tools they can use immediately
  - ✓ Empowered to lead with confidence and clarity
  - ✓ Motivated to create positive, lasting change
  - ✓ Connected and energized to pursue their purpose

## THE FRIDAY FRAMEWORK™

Maria's signature approach to transformation in every area of life and leadership.

**F**

### FOCUS

Get clear on your purpose and priorities.

**R**

### RENEW

Shift your mindset and strengthen your belief.

**I**

### IMPLEMENT

Take intentional, consistent action.

**D**

### DEVELOP

Invest in your growth and your people.

**A**

### ALIGN

Stay aligned with your values and vision.

# Y

## YIELD

Impact others and create a legacy that lasts.

### SPEAKER CREDENTIALS

- ✓ Dynamic, relatable, and engaging speaker
- ✓ Real-world experience across leadership, communication, and personal development
- ✓ Known for actionable strategies and powerful storytelling
- ✓ Commitment to creating transformative experiences
- ✓ Trusted by organizations to deliver measurable impact

### WHAT PEOPLE ARE SAYING

*"Maria has a gift for connecting, inspiring, and equipping her audience. Her message doesn't just motivate—it transforms."*

— Event Planner & Organizer

*"Practical, powerful, and relatable! Maria Friday brings energy, wisdom, and real strategies that our team could apply immediately."*

— Corporate Leader

*Let's  
Connect!*

LOOKING FOR A SPEAKER WHO WILL INSPIRE, EQUIP, AND LEAVE A  
LASTING IMPACT?  
LET'S CREATE AN UNFORGETTABLE EXPERIENCE FOR YOUR AUDIENCE.